

Bali | Java | Sumba

Sample Indonesia Faculty Led Program (3.5 Weeks, 8 Cities)



\$ 2985

*for support from two staff,
class space, volunteer
placement, domestic travel,
entrance fees, room & board*



Minds Abroad

Named a "Top Ten Program" by the Center for
Citizen Diplomacy and U.S. State Department



Program Introduction

Indonesia harbors staggering diversity: from tropical forests, to verdant hills, to vast stretches of sea, to angry volcanoes; from a headlong plunge into modernity as manifested by cities like Jakarta to rural, isolated cultures in its most far-off islands. Indonesia, the world's fourth most populated nation and home to an archipelago of thousands of islands, fiercely defies homogenization.

This program will take students to Java, the king of all the islands that comprise Indonesia, to its colossal, bustling metropolis Jakarta, where they will have a glimpse of a modern, young Indonesia ready to take on the world. It will also take them to Yogyakarta, where students will get an insight into the cultural heritage of the country manifested through its classical Javanese fine art.

Students will be brought to a string of time-warp villages in Sumba, where they will embark on an ethnographic adventure into tribal communities and ecosystems. In Sumba, they will also undertake classes offered by their faculty members and volunteer projects in local non-profits, serving the less privileged sections of the Indonesian society.

In Bali, students will visit some of the world's most enchanting temples, which are exalted examples of the country's art and spiritualism. They will stroll through some of its serene forests teeming with monkeys and lush with vegetations, experiencing the rich biodiversity of the country.

Components of the Program

Faculty-Led Classes

In Waingapu, the faculty members accompanying the students on the trip will offer classes mainly on areas of their expertise. These classes will be held on weekday mornings. Minds Abroad will arrange for classroom space, where they can efficiently offer these classes. Our staff will also further assist the instructor with study materials and organizing their classes. We can also arrange for guest lecturers, who can offer classes on issues related to Indonesia.

Afternoon Volunteer Service Learning at Local Non-Profit Organizations

In Waingapu, during weekday afternoons, participants will teach English to students in non-profit organizations that are devoted to helping children from a variety of disadvantaged backgrounds. By teaching basic English to these children, participants will indirectly give them the skills that they need to escape poverty. Through this activity, participants will not only have an excellent opportunity to immerse themselves in the local culture, but will also learn about community and developmental issues in a typical emerging Asian city.

Academic Travel

As a part of this program, over the weekends students will visit fast growing metropolises and sites steeped in history and culture. These places are described in depth in the next section of the program.



Locations Covered in Our Program

Java

Java pulsates with a kind of energy that is rarely found in any other Indonesian archipelago. To understand Java, one has to discover its treasure-trove of surprises that have been enticing travellers from all corners of the globe.

Jakarta, the most modern and cosmopolitan capital of Indonesia, is also the economic, political and cultural hub of the country. Beyond its commercial call and ultra-modern western backdrop, Jakarta is studded with many unexpected cultural gems such as the Indonesian National Museum and the Presidential Palace, which bear the stamp of its cultural and architectural heritage, making the city an absorbing delight. Jakarta's Old Town is particularly a favorite among food enthusiasts, as it lets them dive into a dizzying variety of authentic Indonesian gastronomic experiences.

If one is aiming for temples and palaces, exuding the beauty and grace of time-honored Indonesian ballets, music and dramas, narrating stories of epic battles gone awry, then **Yogyakarta** is the place. Here, students will sample a slice of traditional Javanese art and culture and ascend to the realms of Gods and Goddesses, kings and queens, gaining an insight into a history that is both inspiring and heart-breaking. In **Borobudur** village, they will check out the enigmatic Borobudur temple and Buddhist temples of Pawon and Mendut, all celebrating the unfettered creative and architectural magnificence that the country once boasted of.

Sumba

Sumba, an island dotted with fields of maize and cassava and flanked by limestone hills, is famous for its captivating displays of rich tribal cultures. It is home to some of the most off-the-beaten-track, anachronistic villages, peopled by tribes that still hold strong to their traditional ways of life. During their stay in Sumba, students will spend the majority of time in **Waingapu**, the largest town and capital of the island. Most weekday mornings, they will attend classes by their home institutions. During afternoons, they will volunteer at local non-profit organizations, serving the marginalized sections of the society.

Adding a unique dimension to their Indonesia travel, students will take weekend trips to various minority villages in and around Waingapu and **Waikabubak**, one of Sumba's most visited cities, to learn about the unique tribal art, architecture and cultural heritage, as are reflected in their legendary, hand-woven "Ikats," thatched huts and giant carved megalith tombs. Students will drive to Sumba's **Lamboya region**, situated very close to some of its tribal villages and trek to one such village. Throughout the trip, the villages that the students will most likely cover are **Kawangu, Prailiu, Sodan** and many more.

Bali

Bali might be a small island, inhabited by a unique Hindu populace, but it presents endless opportunities for an explorer. Home to terraced rice-fields, beautiful Hindu temples, riveting dance dramas hinged on epics of vain human ambitions and a delightful coastline, Bali is Indonesia at its most diverse and exotic. Throw immense biodiversity, divine cuisines and locals, who are known for their friendliness and unflagging optimism into this mix of stirring cultural history and exhilarating scenic beauty and one has the makings of a perfect, educative vacation.

In **Ubud**, students will be primarily visiting the enchanting temple of Bali, Besakih and explore the Neka Museum at the heart of the city center. They will cap off their Bali adventure with a stroll through the Monkey Forest and hike through the surrounding rice fields.



Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				Day 1	Day 2	Day 3
				In Transit	Jakarta	Jakarta
				Depart from home country	AM: Arrive Jakarta PM: Eat a traditional Indonesian meal for dinner	AM: Selamat Datang Monument PM: Indonesia National Museum and Presidential Palace Evening: Journey to Yogyakarta
Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Yogyakarta	Borobudur	Waikabubak	Waikabubak	Waikabubak	Waingapu	Waikabubak
AM: Rest PM: Tour the Sonobudoyo Museum, Sultan Palace, Ngasem Bird Market, Water Castle and Prambanan Temple Evening: Ramayana Performance with dinner	AM: Drive to Borobudur villlage and explore Borobudur temple PM: Buddhist temples of Pawon and Mendut Evening: Flight to Sumba	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Drive to Waingapu PM: Kawangu and Prailiu village	AM & PM: East Sumba Ikot Excursion
Day 11	Day 12	Day 13	Day 14	Day 15	Day 16	Day 17
Waikabubak	Waikabubak	Waikabubak	Waikabubak	Waikabubak	Waikabubak	Lamboya area
AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Kampung Tarung and Waitabar PM: Algadri art shop	AM: Drive to Lamboya area PM: Start trekking to Sodan village
Day 18	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24
Waikabubak	Waikabubak	Waikabubak	Bali	Bali	Ubud	Home Country
AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Faculty-led class PM: Volunteer at a local non-profit organization	AM: Trip to Bali PM: Explore the island and enjoy a traditional balinese dance	AM: Walking tour of the Besakih Temple PM: Visit the Neka Museum	AM: Monkey Forest of Ubud PM: Depart Bali	Arrive back in home country